MR. DOVER PE RULES

P.A.W.S.

P – Personal Best

Give your best effort to listen and focus while Mr. Dover is talking and participate in all activities and games the best you can. Don’t compare yourself to anyone else, only compare yourself to your Personal Best!

A – Act Responsibly

Be responsible for your body and your actions. Keep your hands to yourself. Participate in games and activities correctly and safely. Use PE equipment safely.

W – Work Cooperatively

Understand rules and follow them in games and activities. Work well with all classmates during PE. Help other students when they are in need of help

S – Show Respect

Entering, exiting, and during any instruction it is your job to show respect to Mr. Dover or any classmate speaking. Respect classmates personal space and feelings. Be Kind. Be Honest.

Bonus Rule

Be Tough!

It is cool to be TOUGH! If you fall down get back up and keep going. Don’t let other classmate’s words bother you. You are in charge of how you feel and how you act. Don’t give someone else the power to control your mood.